Stillington News

Issue 338 www.stillingtonvillage.org March 2023

Remember -

British Summer Time starts on May 26th – put your clocks forward I hour the night before



We have a good number of people interested in attending the new season of Heart and Craft, so I will be happy to receive an

email to:yvonnem16@btinternet.com or a text to 07497 051424 if you want to be sure of a place.

2nd March

Painting to Music with Joe Jordan
23rd March
Collage with Sorcha McCole

6th & 20th April

Mosaics with Sue Kershaw

Always 2-4pm in the Village Hall.

Donations accepted towards
the cost of hall hire.

Tap water is always available, but refreshments are not provided as they can interfere with creativity and use up valuable time. Please feel free to bring your own drink with you if desired.

Artists are now booked up to the end of June and will be published in the Stillington News.

General Knowledge Quiz at the Sports and Social Club



February quiz raised £392 towards fundraising for the village's Coronation celebrations in May. It was a single point finish for the winning team: Janet and David Martin with Kathy and Alan Berry.

The final quiz for the season will be for the Primary School on Friday 3 March



To get us in the Coronation mood and to raise funds, there are Coronation Suppers planned as follows:

No1. The Gulshan

Thursday 23rd March 6 for 6.30 Starter and choice of 3 main courses plus,naan bread and rice. £17

No2. The Bay Tree

Thursday April 13th 6 for 6.30 (under new management) choice of 2 or 3 courses. Menu details to follow

No3. The White Bear

Thursday April 27th 6 for 6.30 Choice of 2 or 3 courses.

Menu details to follow.

Numbers are limited for all 3 yenues

Please contact for bookings Tricia or Mike Walker - 810562

Saturday 6 May

Coronation of King Charles III Sunday 7 May

Celebratory Church service

Village Lunch on the Green.
Bring the family, friends, neighbours and your food for a grand village DIY Lunch-cum-Picnic on the Green + free ice cream tubs for all.

Monday 8 May

Hog Roast tea at the Sports and Social Club

Times to be confirmed for all events including Children and Family Sports. Hog Roast tickets (£5) will be on sale in the village shop in April.

There will also be Coronation Mugs for all children 16 years and under in the village, in Marton and at the School.

Next meeting: Wed 5 April at 6.00pm in the Village Hall.

Tuesday Pop In

We open the doors of the Village Hall every **Tuesday at**



10.30 - 12 noon
to welcome friends old and new for a
good chat over warming drinks, the
speciality being hot chocolatenow
a firm favourite! and lots of tasty
treats. Do come and join us and be sure
of a warm welcome. No charge is
required though small donations are
always welcome to help with costs of
hall hire but totally discretionary so do
come along if you're free.

Please email contributions for the APRIL issue to news@stillingtonvillage.org by Wednesday 22nd March

'Opera for the People' Thursday 16th March at 7.30pm in the Village Hall

You, the audience, design your own concert, choosing from the song menu of opera, classical songs and musicals. friendly, Nicola's down-to-earth manner makes opera and other crossover music accessible everyone. With experience of singing in opera houses throughout Europe, she brings a truly unique experience and quality to rural venues this Spring. Creating community through music, sharing stories of her life and singing the songs she loves, this is feel-good and uplifting.

It's Opera for the People!
Check www.iamnicolamills to see videos of Nicola in action.

Tickets are available on-line from www.ruralarts.org and the Village Stores Adults - £10 under 18s - £5

Stillington Cricket Club

Stillington CC are preparing for the forthcoming season. The club have two senior sides in the York District League. The club are always keen to find players of all abilities, whether you can play regularly or otherwise all will be welcomed. Scorers and umpires would also be welcomed.

The club runs a thriving junior section with teams in the Hambleton Junior League, training is Friday evenings from 6pm. The club also runs the Dynamos program aimed at younger players and has proven to be popular and successful. If any local businesses or residents would be interested in sponsoring the cricket club that would also be appreciated. This could vary from sponsorship of a junior team or match ball for the senior sides.

There are worse places to spend a sunny afternoon (assuming we get some) so perhaps get down to the ground and support your local village club?

In summary, any help to keep the village club blossoming whether from playing, coaching, supporting or administrative aspect would be much appreciated.

A Facebook group has been created to run alongside an existing website <u>Stillington.play-cricket.com</u> which has further information and contact details about the club.

For any further details please contact Rich Coultous on 07814538491 or Tim Jarvis on 07855047171.

Stillington and Farlington WI

On Wednesday 8th February we welcomed Andrea Wood who is a Nutritional Therapist to talk to us about staying healthy and boosting immunity with the help of diet.

First she asked the question "what has changed in our lives that could contribute to ill-health?" We now have stress caused by dreadful world events, pressure from social media which may cause poor sleep habits, food education in schools has been reduced so many of us rely on fast or processed food and we breathe in toxins from exhaust fumes and even some cleaning products. We may also take insufficient exercise.

What can we do to help ourselves?

We have probably all heard/read advice which will help, it just takes a little time and effort to put into practice especially when you first start out.

Drink plenty of water, eat lots of different coloured fruit and vegetables, prepare food from scratch if possible (lots of veg helps to fill us up so will help keep meal costs down). Have some alcohol-free days in a week. Fibre found in oats, veg, fruit and pulses helps prevent colon cancer and protects the gut flora.

There are some superfoods!! Unsalted nuts and seeds, leafy green veg, garlic, mushrooms, local honey and dark berries. Ginger can reduce nausea, reduce inflammation and boosts immunity.

As well as food, we can make our own cleaning products. Water with a little added bicarbonate of soda, vinegar and washing up liquid is an effective cleaner. Stress reduction techniques may benefit us and improve sleep. Many of us would benefit from time spent outdoors and some gentle exercise.

Andrea summed up her talk by reminding us to do things which make us happy - laugh, love and have some fun. What good advice!!

Our next meeting will be on Wednesday 8th March at 7:30 (note the new time) in Stillington Village Hall when we will be having a return visit from Julie Collingwood to show us some Easter themed icing decorations. Because she supplies all we need for our "hands on "evening, I do need to know if any visitors will be coming. Please phone me on 07825 446687 (Angela)

There will be a coffee morning and Book Sale in the village hall on Saturday 25th March at 10:00 til 12:00. Please bring any books for the sale to the village hall on the day of the sale, NOT before.

STILLINGTON PARISH COUNCIL

The Council meeting was on Wednesday 1st February 2023 in the Village Hall with Cllrs Tim Drew

(Chairman), Christine Cookman, Tracy Sinclair & Robert Churton together with 6 members of the public.

Public Session

Matters discussed was the old bus shelter.

Vehicle Activated Speed Signs

Three quotations had now been received from the NYCC approved contractors and the Clerk would

check with neighbouring parishes as to their installed signs before a decision is made next month.

Policies

The twenty new policies of the Council were adopted and would be published on the new website when

it was completed.

The Old Bus Shelter

It was agreed that due to the historical importance of the shelter as a memorial to those who served in

the second world war that it would be retained, and necessary repairs undertaken. The Council would

also support the community if they wished to erect a plaque explaining the history of the shelter.

Grass cutting

Following a tendering process MAH Garden Maintenance Ltd were appointed as the grass cutting

contractor for the village for the next three seasons.

Village Maintenance

The light in the new bus shelter had been replaced along with the daylight sensor.

County Councillor Taylor would follow up the request for an additional streetlamp at the village hall

junction.

The issue with the drainage of the grass outside the village hall would be monitored.

Next Meeting

Wednesday 1st March 2023 in the Village Hall at 7.00pm.

Agenda items would include a additional defibrillator, a replacement yew tree for the old churchyard

and a 3 year budget.

The meeting closed at 8.14pm.

The Clerk to the Parish Council: Nigel Knapton at clerk@stillingtonparishcouncil.uk

To celebrate International Women's Squash Day

On **Wed March 8th, (19:00-21:00)** Stillington Squash Club is inviting women and girls from Stillington and surrounding villages to come and try playing squash. This will be a **female-only session**. You don't need to have played before and there will be two female coaches on hand to help get people playing. Squash is a cheap, friendly and fun sport that can be played in all weather. If you are interested in joining in, please get in touch with Marie_Elcock@hotmail.co.uk Attendees will receive a **free club t-shirt** and will benefit from reduced club membership if they decide to keep playing.



Our Wednesday evening training sessions are becoming popular and the club's senior and ladies teams are doing well in the York and District leagues. The 2nd Team has made the final of local league team handicap competition, The Riley Cup.

We are always happy to welcome new members to our inclusive club. Please visit www.stillingtonsquash.club or find us on Facebook if you want to know more

Stillington Squash Club

Weds 8 March

International Women' Day -

2 hours of free squash, contact Marie Elcock

Sun 19 March -

Final Team match of the season

7pm -

1st Team vs. Wigginton 1 - might be a chance to see an internationally ranked player at the club.

June/July -

Taster sessions for new squash players - details to follow please email: info@stillingtonsquash.club for further details or visit the Squash Club's website:

www.stillingtonsquash.club

Polite Notice - We've been asked to remind dog walkers their dogs should be kept on the lead while walking around the village

Stillington Surgery

The team at Stillington Surgery would like to thank all patients for their understanding during our move to a new computer system.

Whilst we adapt to our new way of working, we would request that you allow us 5 working days to process and dispense your medication.

If you order your repeat prescription online, please note that patient access is not compatible with our new system. We would recommend that you use the NHS App. If you are having problems setting up the App or require a new linkage key, please get in touch with us and we will be happy to help. If you currently order your prescription using a paper reorder slip or via email your ordering process will not be affected.

Thank you

Your editors are: Emma Johnson & Tracy Sinclair. If you would like to contact us please do so using the Stillington News email. If you would like to make a donation to the Stillington News you can do so either by BACS: Stillington News; Acc no: 41651089; Sort code: 09 01 54 or sending cheques to:

1 Chantry Gardens, Stillington, YO61 1NF

Stillington and District Community Archive Group

Forty years on; how tennis and bowls came to Stillington Come to the Village Hall on Wednesday 15 th March at 7.30pm to find out.

Admission free to members, £3 to visitors.

We shall be showing a selection of slides and film taken during the construction of firstly, the tennis courts, and secondly the bowling green.

If you were here in the late 70's, then come and reminisce – and help us by putting names to faces. If you are a newcomer, then come and marvel at the achievement of the volunteer construction teams that gave us such excellent facilities.

The meeting will be preceded by a short AGM at which the committee is elected. We would love to have some more people on the committee.

Please do not be backward at coming forward and offering to join us. Following the meeting there will be time to enjoy our famed refreshments for a modest fee.

NB If you have photographs of the construction work that have not already been copied to the archive, please share them with us beforehand.

If in doubt, please contact Michael Turvey on michael.turvey@btinternet.com or 01347 810473 to check.

Your Village Defibrillator is kept in the Church Porch Available 24/7. A second Defibrillator is at the Sports and Social Club near the Squash Court entrance. No code needed.

Remember: Call an Ambulance, start CPR, get the Defibrillator - it will tell you what to do

Village Hall Diary - March

Wed 1st	Parish Council Meeting	6pm
Thu 2nd	Table Tennis	10am - 12pm
Thu 2nd	Hearts and Crafts	1 - 5pm
Thu 2nd	VH Committee Meeting	7 - 9pm
Fri 3rd	Primetime	1 - 3pm
Sun 5th	Bakery Pod	10am - 3pm
Mon 6th	Bridge Club	1.30 - 4pm
Mon 6th	Yoga with Annie	6.30 - 7.30pm
Tue 7th	Tuesday 'Pop In'	10am - 12pm
Tue 7th	Indoor Bowls	1 - 5pm
Wed 8th	WI	7pm
Thu 9th	Table Tennis	10am - 12pm
Fri 10th	Primetime	1 - 3pm
Sun 12th	Bakery Pod	10am - 3pm
Mon 13th	Bridge Club	1.30 - 4pm
Mon 13th	Yoga with Annie	6.30 - 7.30pm
Tue 14th	Tuesday 'Pop In'	10am - 12pm
Tue 14th	Indoor Bowls	1 - 5pm
Wed 15th	Ladies' Lunch	11am - 3pm
Wed 15th	Stillingotn and District	7.30pm
	Community Archive AGM	
Thu 16th	Table Tennis	10am- 12pm
Thu 16th	Opera for the People	3 - 10.30pm
Fri 17th	Primetime	1 - 3pm
Sun 19th	Bakery Pod	10am - 3pm
Mon 20th	Bridge Club	1.30 - 4pm
Mon 20th	Yoga with Annie	6.30 - 7.30pm
Tue 21st	Tuesday Pop In	10am - 12pm
Tue 21st	Indoor Bowls	1 - 5pm
Thu 23rd	Table Tennis	10am - 12pm
Thu 23rd	Hearts and Crafts	2 - 4pm
Fri 24th	Primetime	1- 3pm
Sat 25th	Book Fayre &	9am - 2pm
	Coffee Morning	
Sun 26th	Bakery Pod	10am - 3pm
Mon 27th	Bridge Club	1.30 - 4pm
Mon 27th	Yoga with Annie	6.30 - 7.30pm
Tue 28th	Tuesday Pop In	10am - 12pm
Tue 28th	Indoor Bowls	13am - 5pm
Wed 29th	Gardening Club	9.30pm
Thu 30th	Table Tennis	10am - 12pm

These events may be subject to change or cancellation. Please check the online calendar for up to date information

http://www.the village hall stilling to n. org/calendar. asp

How can you book your Village Hall?

The best way is through the contact form on our website. Alternatively Text, or WhatsApp, **07726421287**

SGC NEWSLETTER – March 2023

March Speaker

On Wednesday 29th March our guest speaker will be Martin Walker.

His topic is "Patio Allotments". Again, do

bring a friend/guest to the talk, they may wish to join the Club next year.

AGM

The 2023 AGM will be held on Wednesday 26 th April.

2023 Plant Sale

This will be held on Monday 1 st May, just before the Coronation. It will follow the very successful format of last year: plants on display outside Muriel Law's house and coffee and delicious scones in her garden. So please start planting and tending your cuttings!

Dobies Seeds

It is not too late to send in your seed order form to Dobies. I will bring some to the next meeting.

Spring is in sight

This month there were signs of the approaching spring, with bulbs appearing and wildlife waking up as light levels and temperatures increase. There was a particularly nice showing of Snowdrops and Crocuses in the "Easter" garden in St Nicholas Churchyard. Let us hope the Daffodils make a great show on the bank. BR

March Tips for the Garden:

- Protect new spring shoots from slugs
- Plant shallots, onion sets and early potatoes
- Plant summer-flowering bulbs
- Lift and divide overgrown clumps of perennials
- Top dress containers with fresh compost
- Mow the lawn on dry days (if needed)
- Prune bush and climbing roses
 Robert Churton

Stillington Wanderers

It was Howardian Hills and Mugdale on 30 January; parking near the City of Troy Maze; walking east along Green Lane to Scackleton Grange & Deter the undulating route towards Swathgill before returning past Potter Hill. The interest here being a small herd of White Park Cattle with their all-white coats, black ears and noses before Mugdale Wood, the rebuilt bridge and up Mugdale Hill.

The 13th February walk was from Helmsley along the Ebor Way, parallel to the dismantled railway. The route passes the sawmill heading downstream along the River Rye, passing Ryedale Fisheries with its many ponds seething with feeding fish; all well netted from the white egrets on the day and herons at other times. Walkers crossed the river to return up the hill past Low Woods Farm & Damp; onto the A170 to return down the hill to Helmsley.



Leading North Yorkshire dementia charity Dementia Forward provides support, advice and wellbeing activity for people with dementia and their carers. Their Helpline is open Monday to Friday from 9am to 4pm, and the team can allocate you a locally-based dementia support advisor, who will offer tailored advice and information, and signpost you to relevant local groups and activities. If you have received a diagnosis, or are concerned about the symptoms of dementia, please call the Helpline on 03300 578592, or visit www.dementiaforward.org.uk for more information.

Countryside Notes March 2023

Tuesday, 14th February Valentines Day. It has been a foggy day and rather a cold, damp one at that. However, we have had some wonderful dry days so far through the first half of "February Fill Dyke" month, with some very colourful sunsets. One, in particular, at the end of January, when the western sky was a deep crimson red, that was reflected off the trees in an orangey red glow that covered everything. One of the finest I have ever seen, but like all sunsets, they don't last long and want enjoying in the moment.

Last Friday as the light was waning, I had been to see the sheep over the road from the farm. I had a lot of thoughts running through my mind when I parked my old doorless little tractor and switched off the engine. A few moments later a Robin flew into the cab, saw me and flew off in haste only to return shortly to find me still sitting thinking. I am sure it said, "are you still there?" I guess it roosts behind the sun visor. Today I noticed bits of hay around the entry to the visor and I guess a nest is being built. Robins sometimes do nest early.

We have been feeding the birds for some time now, but only recently have they started to eat any quantity. There is a last year's family of Long-Tailed Tits, difficult to count, as they flit about. I think there are nine, one of which has lost its long tail. Bullfinches have been coming, with their lovely pink-red plumage a joy to see.

Today there was a pair of Tree Sparrows, which was a welcome sight. Tree Sparrows are birds that, according to the experts, are in serious decline. However, up to this spring, we have had goodly numbers about, frequently more than their cousins, the House Sparrows. So, I hope that our population has not seriously declined. Certainly, we don't see the large flocks of sparrows that were around when I was a lad. A change in agriculture is to blame say the experts.

We had some Maize Cobs from the Harvest Festival that I put out for the Pheasants in the orchard, who are enjoying them, along with other larger birds. I noticed that today a hen pheasant was busy eating when a Water Hen came along; it immediately drew itself up to its full height and then sent the pheasant packing, but as that one ran away another pair appeared and were similarly sent away. Then a Magpie landed, the water hen was more wary and the magpie stood its ground but not for long. I have been told we would not have ducks on the pond if we had water hens. I wasn't sure as water hens are a bit shy and cautious but my thoughts are now challenged.

We had a Ewe give birth to Bill and Ben three weeks ago, they are in the front paddock and doing well. This ewe lost her lamb last summer and decided on earlier lambing this year and there were a pair of Rams in the field, so you know what happened. This is a bit unusual as they usually only breed to the time of year that they have become accustomed to. The garden is starting to show colour with Snowdrops, a few Aconites and Japonica showing colour. A few Corms of Cyclamen that are growing under the trees will soon start to flower and be a Wow! factor. Enjoy the bursting buds and birdsong as spring unfolds with all its wonder and amazing beauty.

Editor's Note - In the January issue of the Stillington News the Vicar/Minister's letter titled New Year, New...? Was provided by Revd Steve Whiting, but his name was missed out at the end of the piece and we apologise for this error.

Weather Report - February 2023

Rainfall

After a wet start to January, the second half of the month added only 5mm, so the monthly total, at 51mm, was close to the average figure.

The first half of February has been exceptionally dry, with no measurable rainfall in the first fifteen days. It has definitely not lived up to its name of "February fill-dyke", so far.

Temperature

After a mild start, 12.7° C on the 3 rd , January gave us a cold snap, -5.3° C on the night of 16 th /17 th , before warming up again at the end of the month.

Up to halfway, February has been mild (13.5°C high on the 3 rd and -0.9°C low on the 5/6 th).

For a winter month, January was quite sunny. The solar panels delivered 160kWh, the highest figure for the month in six years.

M.T.

A Reflection for the Season of Lent

Fragments

You may have been here before...

That interval between the end of one programme and the beginning of the next.

The trailer.

That minimal clip of comedy, drama, documentary, news. Bringing to attention; awakening curiosity; sharpening anticipation

Towards that which is waiting in the wings.

The fragment that invites us to explore and engage.

You may have been here before...

Those thirty minutes marking the closing of life.

The funeral.

And it feels so brief – to say all we want to say and to hear all we want to hear

Of a life fully lived or prematurely interrupted.

Sometimes inadequate, but sometimes also just enough

To come face to face with truth, with meaning, with love.

The fragment of encounter.

You may have been here before...

That split-second of fearful shock as the crystal slips from your grasp.

The shattering.

And what is left but those scattered smithereens, the whole now unwhole.

And what is left but regret.

The fragments of loss.

You may have been here before...

Those images and voices from Accident and Emergency. The journalist's report.

Here lies no attempt to over-dramatise, sensationalise or politicise.

Rather to angle shafts of light into the truth.

Into the realities of those who are anxious, scared, drained, Of those who are determined, courageous, tenacious.

The fragment that puts us in touch.

And so we continue to pick up the pieces.

David Bidnell

(Minister of Villages Together Methodist Church)

CHURCH SERVICES - March St Nicholas, Stillington

Priest:

Rev Stephen Whiting 810251
benefice.admin@gmail.com

Lay Minister: Margaret Price 811262 pricehm870@gmail.com

Church Wardens:

Janet Martin 822981

jessie.jm158@gmail.com

Richard Mapletoft 811854 rmapletoft@outlook.com

Canon Emeritus: Robert Law 810940

lrf43@kesonline.org

Worship in Church

Sun 5th Holy Communion
Sun 12th Morning Prayer:

A DIY service: when the cat's away the mice can play.

Sun 19th Mothering Sunday **10.00 am** Family Celebration. Bring your mums, bring your lad, bring your lass and bring your lad. A highlight of the year.

Sun 26th Morning Worship 10.00 am

Advance Notice

April Sun 2nd Palm Sunday 10.00 am Morning Worship, followed by Holy Week including Good Friday and April Sun 9th Easter Day

Visiting the church

The church is open every day, from nine or earlier until four.

Prayers for the village

These are every **Thursday at 9.00am**. If you would like to join us or if you would like prayers said for anyone or anything please contact Margaret Price (811262; pricehm870@gmail.com).

Holy Communion at home

Would you like to receive Holy Communion at home.? If you are not able to come to Church on a Sunday morning would you like a visit at home? Do make a phone call to arrange a convenient time. Margaret Price 811262.

From the Parish Registers

The funeral for Mrs Elizabeth Anne Cumberlege was held in St Nicholas Church Stillington on Tuesday 10th January.

St Nicholas Flower Rota

LENT

Mothering Sunday 19th March, Rita Bresnan

LENT finishes on Saturday 8th April

All help will be needed to decorate the Church for Easter

St Leonard's, Farlington Priest:

Revd Stephen Whiting 810251

benefice.admin@gmail.com

Church Wardens:

Sally Wright 878745 Richard Haste 878581

richardhaste@btinternet.com

We seem to be having an early spring – the first snowdrops were in flower before the end of January and by March the churchyard should be awash with the brightness of the many daffodils. The churchyard is always open and there are benches to sit on where you can enjoy the peace and tranquillity whilst having some 'quiet time.' If it is too cold outside, the church is always open during daylight hours.

St Leonard's follows the tradition of the Book of Common Prayer. Everyone is most welcome at any of our services where you will find a warm welcome.

Our services in March are:

Sun 12th Shortened Matins 10.30am Sun 26th Holy Communion 10.30am

St Mary's Marton Church Contact:

Caroline Hunt 878242 martonintheforest@gmail.com

Sue Whiting 810251 During this season of Lent, we have 1 more service at 3pm on 12th March before we revert to our 'summer time' services at 6pm on 26th March when the clocks change. There will also be a Dawn Vigil on Easter Sunday morning to watch the sunrise at 6.22am and then (weather permitting) wait for the sunlight to burst through the east windows! No morning service, just a time of quiet with a cup of coffee or tea. We will also have an Easter Celebration at 6pm on Sunday 9th April. After a wonderful show of snowdrops, we look forward to seeing daffodils in the churchyard and enjoying some warmer days ahead. How very lucky we are to have such beautiful churchyards all around us where we can enjoy some peace, birdsong, wildflowers, trees and beautiful skies!

St Nicholas Church Rota

27th February to 11th March
CLEANING Mrs S Thompson
BRASSES Mrs C Cookman
13th March to 25th March
CLEANING Mrs A Hope
BRASSES Mr C Torlesse
27th March to 8th April
CLEANING Mrs H Ratcliffe
BRASSES Mr A Ratcliffe

Methodist Chapel Minister:

Rev David Bidnell 01904 345429

david.bidnell@gmail.com Steward: Robin Jackson 810250 robinjacksonwoodside@gmail.com

Villages Working Together Sun 5th Huby 10.30am

Service with Holy Communion conducted by Rev David Bidnell

Sun 12th Alne Hall 3pm Service led by Rev Andrew Foster

Sun 19th Tholthorpe 3pmBaptismal service led by Rev David
Bidnell

Sun 26th Stillington 10.30am Service led by Rev David Priestnall

Film Afternoons At the Methodist Church Thursday 16th March 2pm

Come along and enjoy good company, a good film and of course refreshments.

For full details Tel 810250

Eco Top Tips from St Nicholas' Church



Every month the Eco-Working Group at St Nicholas' Church gives a few handy tips for every household to understand and control their carbon emissions, as an act of love for Christ's creation and our fellow human beings. For March – Lent Lament:

1. For each day of Lent pray for one thing in creation that you care about, for example birds in the garden, your favourite food, your car. Thank God for it, lament if it is

being damaged by human action or causing harm, and intercede for wisdom and God's renewal.

- 2. Set aside time each week in Lent to go for a walk (or look out the window if you are not able) and actively appreciate Christ's creation, remembering that we are wholly dependent on it for our survival.
- 3. Join the eco-group in the church or start one in the village to be part of the renewal of Christ's creation. Our world needs the hope that community environmental groups can bring.

200 Club Results

1st Mr J March - £50 2nd Mr A Harrison 3rd Mrs S Thompson Drawn by "Our Ernie"