

# Stillington News

Issue 256

Website: [www.stillingtonvillage.org](http://www.stillingtonvillage.org)

May 2016



## Church Tower lights up to mark the Queen's 90th Birthday

The tower of St Nicholas Church is looking more striking than ever at night with the addition of illuminations to celebrate the 90th birthday of Queen Elizabeth II.

The royal lights were designed and created by Don Brown, and installed by a team of expert tradesmen with no fear of heights — working under Don's patient supervision.

*St Nicholas lights team (from left): Mark Green, Don Brown, Graham Cookman, Graham Sparrow, Phil Hartley, Ian Atkinson, Dave Green*

## Archbishop of York in Stillington

Archbishop John Sentamu will visit Stillington on Saturday 7 May in the afternoon

The Archbishop is nearing the end of a 6 month pilgrimage of prayer, witness and blessing throughout the York Diocese. On his visit to Stillington he would love to meet as many people as possible, so do come along and join him. These are the approximate timings:

**1330 Cricket match at Stillington – as well as the cricket there will also be social tennis and a walk to the children's play area.**

**Walk from the cricket match to Stillington community-run post office and shop (this is being opened specially for the visit)**

**Walk from Shop to Village Hall**

**1600 Walk across the fields from Stillington Village Hall to St Mary, Marton in the Forest**

**1700 Pilgrimage Prayers at St Mary, Marton. Farlington Road, Marton in the Forest**

His full programme for the week is displayed in Stillington Shop and in the Parish Church, as you may wish to join him at other times during the week. – in Easingwold, Tollerton, Coxwold, Crayke or elsewhere.

## And it's goodbye from him..

This is the last edition of *Stillington News* that I'll be producing as main Editor.

I'd like to thank all the contributors who have kept me supplied with information about what's happening in and around the village — and Robin Jackson for his always-interesting *In the Country* diary, and Michael Turvey for the Weather Reports. Also Elizabeth Cushion and Chris Ellis for their regular 'Thoughts for the Month' on the back page.

It's evidence of the vigour of Stillington village life that there has never been a shortage of items to include. I hope you've found that *Stillington News* has helped to spread the word and keep you informed.

A new team and new names are hopefully going to continue the role that *Stillington News* plays in village life. I wish them well.

Thanks for reading

*Howard Williams*

Welcome to the May edition of Stillington News.

Copy deadline for June issue: Saturday 20th May.

Contributions by email to (copy to both, please):

Howard Williams: [howardw1151@btinternet.com](mailto:howardw1151@btinternet.com)

Sue Pace: [suepace@yahoo.co.uk](mailto:suepace@yahoo.co.uk)

Or hand in your contribution to put in the 'Stillo News' envelope behind the counter at the shop (please leave a contact name).

**It's essential that the deadline is observed this month.**

# Weather Report

## Rainfall

The second half of March had its fair share of rain so that the monthly total, of 78.5 mm, was more than twice the ten year average figure. The rainfall tended to come in short sharp bursts, so that we had a ten day dry spell in the middle of the month leading up to a very wet Easter.

Again in April, at 42 mm, we have had more than our average monthly rainfall in the first half of the month.

## Temperature

Temperatures in March ranged from 0.3°C on the first up to 17.3°C on the 25<sup>th</sup>.

In the first half of April the daytime temperatures have been generally pleasant, with a maximum of 17.5°C on the 11<sup>th</sup>. Night-time temperatures have been mainly mild, but with a low of 1.4°C on the morning of the Sunday 10<sup>th</sup>.

Sunshine in March exceeded that in February but did not reach the September level. *MT*

## Women's Institute



Our April meeting was a little special as we had a demonstration of

Origami. Nick Holmes

showed us some basic simple folds to start most projects. He then showed us how to make a simple box.

The next design was a heart which can have messages written inside as he did at a wedding. Our final design was more complicated, but we all kept up with no mistakes, which produced a flapping bird.

Thanks to Nick for such a fun evening and thanks to Margaret J for the refreshments.

Thank you too all our members who entered the local WI show. For a small WI we did really well. Thanks also goes to everyone who helped with the Book Sale, it all helps towards our funds.

Our Story sacks are coming along as we now have an Enormous Turnip, man, woman, boy, dog, cat and mouse. We also have a mango, passion fruit, avocado, plums, strawberries and pears towards our Hungry Caterpillar. This is such a big project and only 4 of us knitting, we have done well. There are only a few items left to knit such as a pineapple, cat, tiger. We are nearly there.

Two of our members went to the Resolution meeting in Easingwold and found the resolutions put forward were very informative and explained very well. This information is taken back to our members and discussed by us, then put to our link delegate which way we would like them to vote.

Our next meeting in May is our AGM, resolutions and supper night.

In June we will be having a lady from the RNLI and everyone is invited £3 including refreshments.

## VILLAGE LUNCH

White Bear Inn

Tuesday 17 May From 12.15pm

£6.50 2 courses / £7.50 3 courses.

Enjoy a good meal and good company

# Stillington Wanderers

Easter Monday walk was very wet with just three walkers out to explore a Skewsby, Goal Lane and Brandsby circle. However 11<sup>th</sup> April was a sunny spring morning and the group had a pleasant walk starting and finishing at Slingsby Castle taking in Slingsby Bank Wood and Fryton Wood with their earthworks and skirting the village of Fryton.

Next walks are Monday 9<sup>th</sup> and 23<sup>rd</sup> May. Meet outside the White Bear at 09.30..



## Parish Council Notes

### Extract of Minutes of Meeting held on 6th April in Stillington Village Hall

*(A full set of the Minutes can be seen at the Post Office And Notice Board)*

#### St Nicholas Church Yard

The process of obtaining permission to carry out the work to the Headstones and Gravestones (Faculty from Church Authorities) is ongoing but it could take another three months to complete the paperwork and finalise the task. The Croft family have offered to make a contribution to the repairs. Efforts continue to be made to trace other relatives and advise them and ask them for a contribution to the cost of repair.

#### Trees

The Tree Surgeon has been unable to source the particular variety of size of tree suggested for the top Green in time to be planted in April. It was therefore agreed to leave the replacement of both trees until the autumn.

#### Road around the Green

An estimate had been received from J Atkinson for the repair of the road around the Green. This was accepted and it is expected the work would be completed in the next four weeks. Four residents who live around the Green have kindly contributed to the cost.

#### Builders rubble outside the School

The Builders rubble has now been removed from outside the School.

#### White Fencing Posts

It was reported that a least one of the posts needed some attention. M Rowe and B Smith agreed to investigate and report for the May meeting.

#### Parish Plan

The Parish Plan has been circulated to residents via the Stillington News.

## Neighbourhood Watch

a) Fraudsters are texting members of the public offering a tax rebate. The text message contains a link to a website and requests personal information, such as bank account information, to claim the nonexistent rebate.

HMRC will never use texts or emails or tell you about a potential rebate or ask for personal information.

b) Stillington NW is part of the South Hambleton NW group. Deputy Chief Constable Tim Madgwick is speaking at their AGM at the Galtres on Monday 16<sup>th</sup> May at 7.30pm. **All residents are invited.**

DCC Madgwick will speak briefly on changes to the Police Community Messaging when the Ringmaster system is replaced. There will then be plenty of chance for open questions.

*Ring the Police on 101 if you see suspicious vehicle(s) and / or person(s) at any time. Ring 999 for emergencies.*

## Christian Aid Week 15<sup>th</sup> – 21<sup>st</sup> May 2016

This year willing volunteers will deliver Christian Aid envelopes to homes throughout the village. If you feel able to make a donation please drop your filled envelope in to the Post Office & Shop.

Thank you to the committee and staff for making this possible. All cash will be paid in through our own Post Office branch.

## STILLINGTON VILLAGE HALL Annual General Meeting Monday 16th May 2016 7pm in the Village Hall

Come along to hear about works accomplished this year, contribute your ideas to plans for the future, check our finances, offer yourself for nomination to the Committee then enjoy a cuppa and chat with other interested residents

## Cream Teas at the Chapel

Bank Holiday Monday 2 May

and Monday 30 May

2.00-4.00pm

*In aid of Stillington Methodist Chapel and St Nicholas Church*

*Come along and meet your friends*

# In the Countryside

It is the 19<sup>th</sup> April today when I pick up that which is mightier than the sword, it seems no time at all since last I did this. However, some things have changed considerably, others are awaiting warmer and drier weather.

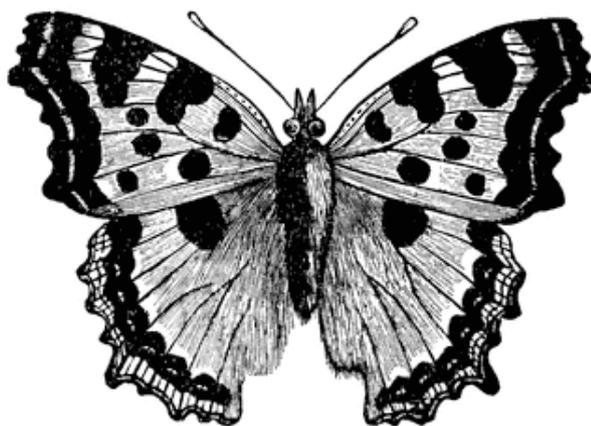
Two swallows on the 14<sup>th</sup> of the month, a week later than usual, they were soon talking their romantic talk and inspecting possible nesting sites. Nest building is the chore of the moment for many birds: pigeons pass by with long twigs, blackbirds with dead grass and mud, whilst the coal tits are carting the soft seedy parts of the bulrush round the back of the house.

Everybody is busy and eating seed, nuts and fat balls at a tremendous rate. In the garden the Magnolia is magnificent and so far has not been too badly caught by the frost. We have a red rose that has been open about a fortnight, it is a fairly single red rose that usually comes into flower at the end of June.

The blackthorn in the hedgerow is coming at last to its best, they are strange in that I have seen them in bloom in February and here we are two months further on. The hawthorn hedges are only just green and it will be some time before the scent of the may blossom comes wafting over.

The sycamore buds are thickening to burst into leaf and what a lot of different colours those new leaves will be on different trees. I like the brassy yellow of the new oak leaves and there cluster of catkin flowers that will give us another crop of acorns, but it does take a long while before they really start to form, this will take place after midsummer.

A few butterflies have woken from hibernation. I have seen some rather ragged and faded tortoise shells and a peacock with little colour left, and just the odd brimstone in pristine form and I guess freshly emerged from a chrysalis. I expect by the time you read



tortoise shell butterfly

this there will be others about like the Orange Tip, where only the male has the orange wing markings against a green veined white background of upper wing, but both sexes have the green spotting on the outer underside wings. The Holly Blue will be about laying eggs on the pointy white round flowers of the Holly. However, the next brood will be laid on ivy, one of the oddities of nature.

I wonder if any of you have seen the big black fishermen perched on a dead ash tree, across the field on the right as you take the York road from the village? These three should have had a mention in the last letter, but they slipped my attention at the last writing. There are three Cormorants, who have been drying their feathers after fishing speers. They have used the same tree in the past, but not for a few years. I suspect the irrigation pond dried up in a dry summer and has now restocked for these hungry birds. They have now moved on, probably back to the coast for nesting.

The land is still terribly wet and spring sowing is being held up or even not started, which will leave a short growing season and in turn will probably lead to lower yields of corn at harvest. We are about to start lambing and are hoping that it warms up a bit to let the grass get growing and producing the necessary sugars through the absorption of sunshine to allow ewes and lambs to thrive. I the shepherd have just developed a heavy cold that I could well do without as everything gets awfully busy. I will shut up before it is called "man flu".

This is a wonderful time of year for us all to enjoy with its rich colours and perpetual change. No two springs are the same and I for one wouldn't miss it for the world.

R & MJ

## National Plant Monitoring Survey

Have you seen a small group of ladies wandering the footpaths to the North of Stillington, gazing at the ground and the hedges, notebooks in hand? We would like to tell you why.

The National Plant Monitoring Survey (NPMS) is a new habitat based plant monitoring scheme designed to collect data to provide an annual indication of changes in plant abundance and diversity. It is organised and funded by the Centre for Ecology and Hydrology, The Botanical Society of Britain, Plant Life and the Joint Nature Conservation Committee.

The NPMS have identified one kilometre squares throughout the country for ongoing monitoring by volunteers. Town Councils throughout the country were sent information. This was passed on to The Wild flower group of the Easingwold and District U3A by Easingwold Town Council. The group offered to survey one of these squares and have been given a square north of North Back Lane Stillington. (Grid ref. 5868)

We have been asked to identify 5 smaller plots within our allocated kilometre square. These can be square (5x5 metres) or linear (1 x25 metres) with as varied habitats as possible. Within our kilometre square there is not a great variety of habitats but we have now identified 3 square and 2 linear plots.

Surveys have to be carried out twice a year in May and September and we plan to do the first one this May. We can mainly do the surveys from footpaths. Landowners have been contacted.

For more information contact  
Maureen Gray - 01347 822599 [maureengray440@btinternet.com](mailto:maureengray440@btinternet.com)  
Kathryn Wallis 01347 810612 [kmwallis1@btinternet.com](mailto:kmwallis1@btinternet.com)  
Or go to the website [www.nmps.org.uk](http://www.nmps.org.uk)

## EU Debate

This is open to all residents who are registered as electors in the Thirsk and Malton constituency.

Three events are being held in the constituency at Filey (April), Pickering (30<sup>th</sup> May) & Easingwold (6<sup>th</sup> May). Admission by ticket only – one ticket per email from [office@kevinhollinrake.org.uk](mailto:office@kevinhollinrake.org.uk)

Kevin Hollinrake, MP for Thirsk and Malton will be speaking for the Remain side and Toby Horton, UKIP Candidate at the General Election, speaking for the Leave side.

## STILLINGTON BOWLING CLUB

Despite the unpredictable weather leading up to the scheduled date for opening the green, we were able to get the season under way on Sunday April 10<sup>th</sup>.

There was a good turn out with some beginners coming along to try their hand.

The league teams are now making a start to their fixture lists but there are still plenty of opportunities for social bowling, especially on Wednesday evenings starting in May from 7pm when the green is set aside for this purpose. Tuition is available for beginners and improvers.

The first leg of the Annual Challenge match with our neighbours Easingwold will be played on Sunday May 22<sup>nd</sup> at Stillington. The games are always closely fought and our opponents will, as ever, be keen to secure an advantage going into the second leg at Easingwold later in the summer.

GB.



# VILLAGE TEA PARTY

to celebrate

the Queen's 90<sup>th</sup> Birthday

Sunday 12<sup>th</sup> June at the Sports and Social Club 3.30pm onwards —

1920s costume optional

4.00pm Tea will be served

5.00pm 1920s Dance Display

6.00pm to approx 9.00pm

Live Band for Music & Dancing

Food Lists for the Party will be in the Shop & PO the last week of May.

Please sign up & help to contribute towards a Grand Village Tea Party - all FREE of Charge

ARCHIVE group are to celebrate with "90 years of Stillington" weekend of 10<sup>th</sup> /11<sup>th</sup> June.

More details next month.



## 1920s Dance Steps to learn

Our resident Dance Teacher, Claire, will help tutor all ages and abilities: Boys, Girls, Gents and Ladies for some 1920s Dancing.

Please come along to the Village Hall for some fun with Dancing from 4.30pm to 5.30pm on

Sunday 15<sup>th</sup> May,

Sunday 22<sup>nd</sup> May and

Sunday 5<sup>th</sup> June.

And it's FREE!

## Sports and Social Club: Improvements update

The Disabled toilet is in use; new lighting has been installed for the Bar area and Games Room and with decorating, it has made a huge difference. Much of the work has been thanks to Dennis North.

The club is ready for some new chairs – if anyone knows of a supply of chairs becoming available, please let Dennis know.

## Litter Picking

Thank you for the village support this year on a very wet and cold afternoon. How can we make "Take your Litter Home" more high profile?

Do encourage vehicle drivers, passengers, family, friends and children to do their bit to keep our countryside free of litter. Take it Home or Use a Bin.

## COFFEE MORNING

at Ivy House, Main Street

on Friday 20<sup>th</sup> May from 10a.m. to 12 noon.

Entry £3 includes a drink & cake or biscuit.

There will be cake stall and raffle including a Shop Hamper. Raffle tickets will be on sale in the shop for the week of 20<sup>th</sup> May.

Thank you to Wendy for hosting.

Funds raised will go towards the Vintage Tea Party on Sunday 12<sup>th</sup> June to celebrate the Queen's official 90<sup>th</sup> Birthday.

## Tempest at the Mill

### The Flanagan Collective

We are testing out some theatre in and around the grounds of The Mill. We'll be popping up a little outdoor auditorium from June. And we want to kick it all off with a community production of Shakespeare's *The Tempest*.

*The Tempest* will have 3 professional actors and then as many community actors, performers, musicians, crew and helpers as we can squeeze in to the show.

We're holding auditions on the

2nd & 3rd May at 6:30-9pm at Stillington Village Hall,

7th May between 10am - 5pm at Crayke Sports Hall and

8th May 12pm - 7pm at Stillington Village Hall.

If you want to know more and come to audition, say hello, or learn more then drop Alex an email at

[alexander@theflanagancollective.com](mailto:alexander@theflanagancollective.com)



WE DISCOVER, WE GROW

Girlguiding

Brownies

## 1<sup>st</sup> Sutton-on-the-Forrest Brownie Unit

For girls aged 7 to 10 ½  
Tuesday evenings 6pm – 7:30pm  
at Sutton-on-the-Forrest School

Places available now!

To register your daughter with this unit,  
please visit the Girl Guiding website:

[www.girlguiding.org.uk/interested](http://www.girlguiding.org.uk/interested)

For more information, please contact  
our Brown Owl Kathy on:

01347 810229

[suttongroup24@yahoo.co.uk](mailto:suttongroup24@yahoo.co.uk)

Or Emily:

07714258886

*Taster sessions are available*

## Thank you

Marjorie and family wish to say thank you to all our friends, relatives and neighbours, and to the doctors and nurses at Stillington Surgery, for all their support and care during Maurice's illness. Also for their attendance in Church where £374 was donated for Yorkshire Air Ambulance and the Church.

Thanks to Canon Law for a comforting service, and to Phil and Sue at the White Bear for a lovely afternoon tea.

Marjorie Fewster

## Charity Pub Quiz White Bear

Sunday 29 May at 7.30pm

In support of Stillington Cricket Club

## Changes to the Household Waste Recycling Centres

The County Council have introduced charges for handling certain waste products including tyres and rubble. Tholthorpe is our nearest recycling centre.

Opening hours have changed to 8.30am to 5pm April to September and 8.30am to 4pm October to March.

All household waste recycling sites are closed on Wednesdays.

## STILLINGTON POST OFFICE & STORES

The Shop will remain open on Saturday afternoon, 7th May, during the visit of the Archbishop of York.

## Stillington Charity for Relief in Need AGM

The AGM of the Stillington Charity for Relief in Need will take place at Stillington Sports and Social Club on May 9th 7pm.

The meeting is open to all.

Colours.

[FUN]DRAISING  
FASHION SHOWS

## Friends of Stillington School

LADIES FASHION SHOW & POP UP SHOP

Saturday 21st May 2016

Doors 7pm, show starts 7.30pm

Stillington Village Hall, The Green, Stillington, YO611JX

Tickets: £5

Charity raffle: FABULOUS prizes to be won on the night!  
Licensed Bar

For tickets and more information please contact:

Jackie Coultous 01347 810828 / Stillington School / Stillington Village shop



EX HIGH STREET FASHION AT 50% OR MORE OFF

M&S wallis NEWLOOK oasis TOPSHOP next

CLOTHING AVAILABLE TO TRY ON & BUY! CASH & CHEQUES ACCEPTED

## Tour de Yorkshire

The closest the Tour comes to Stillington this year is on Sunday 1<sup>st</sup> May: approx times at Thirsk 12.50; Sutton Bank 13.06 and Helmsley at 13.24. In most cases the roads will be closed and managed by the police with a rolling road closure lasting no more than an hour.

## Stillington 2 Oil Co-operative

If you are already a S2OC Member and need oil, either

- ☒ log onto Tate's website [www.tateoil.co.uk](http://www.tateoil.co.uk) (preferred option), look on the top menu bar for the "Buyers Groups" tab, select LSOS (Lower Swale Oil Syndicate) to login, then fill in the online form with your requirements (you will need the password provided by Tate) or
- ☒ If unable to use website, simply phone Amanda Bain on the dedicated Lower Swale order line 01943 854888

Members can order at any time — Tate has undertaken to deliver within 10 working days from order. The price charged will be that applying on the delivery date.

If not a Member, why not join? Membership is open to all — if you live in or around Stillington and want to know more about the Cooperative, please contact me.

Peter Coomer peter coomer <stillington@swaleoil.org.uk>

## VILLAGE DIARY

(VH = Events at the Village Hall)

### MAY

Sun	1	
Mon	2	U15 cricket v Alne Bowls v Wetherby
Tues	3	
Wed	4	Pool A v Horseshoe, B v Castle (away) Bowls v Easingwold A Parish Council 7.30pm VH
Thurs	5	Sewing class 9.00am-3.00pm Polling station all day VH
Fri	6	Cricket practice U13 and U15 Baby and toddler group 10.00am VH Gardening club plant sale 7.00pm VH
Sat	7	Cricket 1 v New Earswick, II v Copmanthorpe (away) Acorn cycle ride am VH Archbishop in Stillington pm VH
Sun	8	Cricket U13 v Easingwold
Mon	9	Stillington Wanderers 9.30am W Bear Cricket U15 v Easingwold
Tues	10	Bowls v Sessay
Wed	11	Pool A v Mended Drum, B v Horseshoe (away)

Thurs	12	Bowls v Kirbymoorside VI 7.15pm VH Sewing class 9.00am-3.00pm Cricket Shepherd XI Bowls v Thirsk
Fri	13	Martial arts 5.15-8.15pm VH U13 & U15 cricket practice Baby and toddler group 10.00am VH
Sat	14	Cricket I v Dringhouses (away), II v Sheriff Hutton Bowls v Strensall
Sun	15	U13 v Easingwold Cup
Mon	16	Cricket U15 v North Staveley Bowls Quarter final Village Hall AGM 7.00pm VH
Tues	17	Monthly meeting 8.00pm Bowls v Swinton
Wed	18	Pool A v Horseshoe B, B v Horseshoe D (away) Bowls v Slingsby
Thurs	19	Sewing class 9.00am -3.00pm Cricket Shepherd XI Bowls v Thirsk
Fri	20	Martial arts 5.15-8.15pm VH U13 and U15 cricket practice Baby and toddler group 10.00am VH
Sat	21	Cricket 1 v Huby, II v New Earswick Bowls v Tockwith

Sun	22	FOSS Fashion Show evening VH Cricket U13 v Ouseburn
Mon	23	Bowls v Easingwold Stillington Wanderers 9.30am W Bear Bowls v Boroughbridge
Tues	24	Bowls v
Pickering	25	Pool A v Horseshoe D, B v Commercial (away) Bowls v Malton Parish Council AGM 7.00pm VH
Wed	26	Sewing class 9.00am -3.00pm Cricket Shepherd XI Bowls v Kirbymoorside Martial arts 5.15-8.15pm VH
Thurs	27	U13 and U15 cricket practice Baby and toddler group 10.00am VH
Fri	28	Cricket 1 v York, II v Copmanthorpe (away)
Sat	29	
Sun	30	U15 v Thirsk Bowls V Thirsk Blue
Mon	31	Bowls v Settrington
<b>JUNE</b>		
Wed	1	Pool A v B
Thurs	2	Martial Arts 5.15-8.15pm VH

## CHURCH SERVICES

### METHODIST CHAPEL

Minister:	Rev. Elizabeth Cushion	☎ 821460
Stewards:	Robin Jackson	☎ 810250
	Bob Brown	☎ 810543
	Sally Gall	☎ 810374
	Yvonne Murphy	☎ 811544

### Services & Preachers

May 1	Chapel anniversary conducted by Rev Andrew Foster	10.30am
	Easter Offering service at Sheriff Hutton	6.30pm
May 8	Evening service led by the congregation	6.30pm
May 15	Evening service with communion: Rev Elizabeth Cushion	6.30pm
May 22	Evening service: Mrs Sylvia Bunting	6.30pm
May 29	Morning Service at St Nicholas	10.30am
June 5	Bible study led by Mr Robin Jackson	10.30am

### ST JOHN THE EVANGELIST RC EASINGWOLD

Priest:	Fr. Leo Chamberlain	☎ 821295
Sunday Mass:	8.30am & 10.30am	
Vigil Mass:	5.45pm Saturday	
Confessions:	5.00-5.30pm Saturday	
Website:	www.stjohnneasingwold.ampleforth.org.uk	

### ST. NICHOLAS

Priest in Charge:	Canon Robert Law	☎ 810940
Church Wardens	Muriel Law	☎ 810484
:	Janet Martin	☎ 822981
	email: jessie.jm158@gmail.com	

### Stillington and Benefice Services:

May 12 / 19 / 26	Prayers for the Village	9.00am
May 1	Methodist Anniversary at the Chapel	10.30am
May 5	Ascension Day Communion	9.00am
May 8	Benefice Eucharist at Sheriff Hutton	9.30am
May 15	Holy Communion Traditional	9.30am
May 22	Holy Communion Common Worship	9.30am
May 29	Ecumenical Praise	10.30am

### ST. MARY MARTON

#### Services in a Celtic Tradition

Church	Sally Coomer	☎ 810891
Warden:	email: sally@scoomer.freeseerve.co.uk	
May 7	Pilgrimage Prayers	4.00pm
May 8	Celtic Eucharist	6.00pm
May 22	Celtic Evening Worship	6.00pm

### ST. LEONARD FARLINGTON

Church	Louise Clark	☎ 811626
Wardens	Sally Downing	☎ 878745
May 15	Shortened Matins	11.15am
May 22	Holy Communion (BCP)	11.15am

### FROM THE PARISH REGISTER

R.I.P  
Roger Speck  
29.3.2016

### ST NICHOLAS CHURCH

Our vicar, Rev. Chris Ellis has  
resigned due to ill health.

Each of the churches that Chris has  
been responsible for is having a  
retirement collection. If anyone in  
Stillington would like to contribute,  
please contact our Churchwardens  
Muriel Law Tel. 810484 or Janet  
Martin Tel. 822981

### FILM MATINEE

- at the Chapel -  
Wednesday 18 May 2.00pm  
Everyone welcome.

More details tel 810250

### St Nicholas

#### CHURCH CLEANING

2 <sup>nd</sup> - 14 <sup>th</sup> May	Mrs Walton & Mr Handley
16 <sup>th</sup> May - 28 <sup>th</sup> May	Mr & Mrs Garrett
30 <sup>th</sup> May - 11 <sup>th</sup> June	Mr & Mrs A Ratcliffe

#### FLOWER ROTA

1 <sup>st</sup> May	Mrs J Whittaker
8 <sup>th</sup> May	Mrs B Bainton
15 <sup>th</sup> May	Mrs E Lomas
22 <sup>nd</sup> May	Mrs H Jamieson
29 <sup>th</sup> May	Mrs W Walton

### St Nicholas 200 Club

1<sup>st</sup> Prize £30: Mrs P Clark  
2<sup>nd</sup> Prize £10: Mrs C Hardie-Forsyth, Mr A  
Jackson

#### Runners-Up £6:

Mr J Conway, Mr & Mrs B Tomlinson, Mr R  
Brenndorfer, Mrs Cornforth, Mrs Chapman  
Drawn by "Our Ernie"

## Spring clean and a new start

Early in May we have the spring bank holiday, and maybe you have plans already for how you are going to enjoy it. Traffic jams and wet weather often seem characteristic of bank holidays in this country! But a Monday away from work or school is always welcomed, and whether we work or not, it is a good opportunity to take a break and enjoy a day out or catch up in the garden.

Across Europe the number of bank holidays varies. In the UK, Northern Ireland has the most with 10, and England, Scotland and Wales have 8. Other countries in Europe have up to 16 - maybe we need a new one!

Taking a break from day-to-day routine is good to restore energy levels and prevent overwork and burnout. We all need to do it, for there are times when life is stressful and exhausting. An important occasion with so much to do; illness of ourselves or a loved one; times when we have more problems than solutions.

In those times, we hear again the invitation of Jesus: 'Come to me all you who are weary and heavy laden, and I will give you rest' (Matthew 11:28). Jesus offers more than a rest from our problems only to return to them unchanged later on. He offers to lift our burdens of worry and concern and to walk with us through all our life. Whatever we have done, Jesus is there to help us. We can bank on Him.

Elizabeth Cushion